The Institute of Child Nutrition: Resources, Training, and Research

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Healthy Kids, Healthy Programs Summit
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Norwood, MA
Mission: To provide information and services that promote the continuous improvement of child nutrition programs

Vision: To be the leader in providing education, research, and resources to promote excellence in child nutrition programs
Institute’s Outreach

- 1.8 million visits to our website
- Over 60 online courses
  - Approx. 96,000 participants registered for online courses
- Over 25 face-to-face trainings
  - Provided over 300 trainings reaching 9500 participants
- Over 2900 educational resources on our website
  - Added or revised 667 educational resources
Applied Research Resources

- Evaluate operational performance
- Identify practices to implement
- Establish performance benchmarks
- Identify training needs of staff
- Identify resources needed
- Identify and evaluate roles of staff and stakeholders
- Determine communication strategies
- Establish goals for continuous quality improvement
- Guide decision making
- Establish plan of action
Applied Research

Competencies, Knowledge, and Skills

- District-Level School Nutrition Professionals
- School Nutrition Managers
- School Nutrition Assistants/Technicians
- State Agency Child Nutrition Professionals
- Child Care Providers
The “Team Up for School Nutrition Success” initiative was first piloted in November 2014 through a partnership between USDA Food and Nutrition Service (FNS) and the Institute of Child Nutrition (ICN). Since then, Team Up events have been held in all seven USDA Regions, and based on the success and lessons learned, the training will be expanded to the state level. The goal of this expansion is to provide tailored technical assistance in successfully implementing the school meal patterns.

Valuable Ideas
Attendees share hands-on knowledge that can be put to use immediately.

Mentors
Attendees work in groups with mentors to learn new ways to achieve success.

Action
Each mentor-mentee group leaves with a plan of action.

What others are saying about Team Up...

“After attending, I can be more confident in my decisions. It helps to have new ideas and support for other things I have been considering changing in my district. I met many other food service professionals. The networking and ideas are priceless!”

“I want to take these Team Up resources back to share with others. We’re here to network and learn from each other, to make sure child nutrition is a fantastic program, because we are feeding our future.”

“Breathe easy, I can now say I have people who will help guide me in the right direction.” – Cheryl Bowers, Courtland, VA.

“One of the things I’m taking away from here is the relationships we’re establishing because we do depend on each other for ideas. No one is re-inventing wheels, we’re all learning things that other people are doing. Even if we can’t do things exactly how they’re doing them in other school districts, we can tweak them and make them work for us.” – Shelly Copeland, Texas

The expansion of Team Up for School Nutrition Success will allow for a long-term sustainable training program for School Nutrition Professionals. For more information visit: theicn.org/teamup
Resources and Trainings

- Online Courses
- Face-To-Face Trainings
- Videos
- Webinars
- Fact Sheets
- Posters/Mini-Posters
- SOPs
ICN Website Login

(email indicates a required field)

Email *

Password *

Log In | Forget Password?

Don't have an ICN account? Register now.

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Document Library
INCN's Web site contains one of the largest document libraries for child nutrition programs and research available today.

1. Quick Search by Title and/or Keywords
   Title:
   Keywords:
   Search

2. Advanced Search
   Search using a combination of nearly a dozen search criteria.

3. Subject Index
   18 subject areas for ICN resources.

4. List Education and Training Resources by Title
   View an alphabetical list of ICN Education and Training resources; select any title to view a complete description of the resource and view or download its components.

5. List Research Resources by Title
   View an alphabetical list of ICN Research resources; select any title to view a complete description of the resource and view or download its components.

6. List of Resources by Title
   View an alphabetical list of ICN resources and select any individual resource or document for viewing or downloading.

All resources are available for free download. Download and print what you need, and make as many copies as you like. You may use the materials for educational purposes as long as they are not being printed for resale. We also ask that you retain the ICN and USDA identifiers on all ICN materials that you download and reproduce.
ICN's Online Training

Continuing education courses offered online at ICN support the professional development and training of child nutrition program personnel at all levels of responsibility. The ICN's online course system supports the research-based competencies, knowledge, and skills needed for excellence in child nutrition program management.

ICN online training provides self-paced online courses that may be completed over multiple sessions. Once a course has been completed, a certificate of completion is provided and may be used to satisfy certain certification and credentialing requirements. Additionally, ICN online courses are offered free of charge. Click the link to learn more about ICN Online Training Features.

Need to log back into an online course? Click Here

About CEUs

Each course description in the ICN Course Catalog identifies the number of instructional hours an online course offers. Many organizations use instructional hours to calculate the number of CEUs that will be awarded. Remember, check with your state agency or your CEU granting organization to determine the number of CEUs awarded for the ICN online course you are taking.

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<th>Continuing Education Policies</th>
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<td>SNA CEU PolicyAND&lt;br&gt; ICN Instructional Hour = 1 SNA CEU</td>
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Professional Standards for School Nutrition Professionals

ICN's Online Course Catalog provides the Professional Standards Codes in the description of each qualifying course. Click here to find a printable list of all of our courses with their Professional Standard codes.
Orientation to School Nutrition Management (OSNM)

5-day Training—30.5 hrs

- Meal Pattern/HealthierUS School Challenge
- Food Production and Operation Management
- Customer Service and Merchandising
- Work Place Safety and Emergency Preparedness
- Financial Management
- Marketing and Communication
- Program Accountability and the Role of the School Nutrition Director
- Special Needs
- Procurement and Inventory Management
- USDA Regulations
- USDA Foods
- Farm-to-School
- Human Resources Management
Nutrition

- Breakfast & Lunch Meal Pattern
- Practical Skills for Preparing Quality Meals
- Managing Food Allergies
- OSNM Lessons
- MyPlate-Online
Operations

- Food Safety in Schools (formerly Serving It Safe)
- Produce Safety
- OSNM Lessons
- Batch Cooking-Online
- Culinary Math Coming Soon!
Manager's Corner

Manager's Corner provides a method for using and training with many of the Institute of Child Nutrition's food safety resources. This resource will have multiple series designed to give directors/managers an easy-to-use lesson plan for training staff in various food safety topics. Each lesson is roughly 15 minutes. Every lesson plan contains the following:

- learning objective;
- statement explaining the importance of the topic;
- list of materials;
- instructions on how to present the information;
- questions to ask staff, and
- additional resources to strengthen or refresh the knowledge of the director/manager.

Manager's Corner: Food Safety, Series 1

View or Download
Administration

- USDA State Agency Guidance to Procurement
  - Topics 1, 2, & 3—Online
- Responding to a Food Recall
- OSNM Lessons
Marketing and Communications

- Marketing Your School Nutrition Program
- OSNM Lessons
- Evaluating School Wellness Activities-Online
- Meeting the Wellness Challenge-Online
Food Safety in Schools

- Formerly Serving It Safe
- 8-hour face-to-face training
- Videos
- 12-hour online course
- Now available in Spanish
- Food Safety Basics 4-hour face-to-face training
Food Allergies

- Fact Sheets
  - Major Eight
  - SOPs
  - Managing food allergies in school and CACFP programs
- 6-hour face-to-face training for schools
- 4-hour online course for schools
- Videos for schools and child care
- Resource folder for school and child care

http://theicn.org/foodallergy
Let’s Move: Chefs Move to Schools
http://www.chefsmovetoschools.org/
Free Training Sessions

Who May Request?

- State Agencies
- Regional Offices
- SNA State Affiliates
- Major City School Districts
- 3 or More Smaller School Districts in Collaboration
- Industry
- CACFP Sponsors
- Local Health Departments
- Allied Organizations
Need Consultants & Trainers

- Development of Educational Resources
- Task Force Groups
- Trainers
- Spanish Bilingual Translators and Trainers
http://archives.theicn.org/
ICN Help Desk

- Free information desk
- Questions sent to appropriate experts
- Resources identified to assist in program area
ICN Social Media
QR Code
(Quick Response Code)