

MODULE 3: Physical Education and Other Physical Activity Programs

Instructions:

Carefully read over the questions and circle the most appropriate answer in the columns to the right of the question. To answer the highlighted questions please use the information gathered by the student survey. When you finish answering all the questions in the module refer to the instructions at the end of the module. *****Important***** Remember to answer and score these questions honestly. You may find that your school may have a low score, but knowing this will help you plan for improvement.

#	Question	A	B	C	D
3.1	Does your school have required Physical Education courses?				
	If no, only complete questions 3.9 and 3. 10. Count each of the skipped questions as 0.	Yes			No
3.2	How many years of Physical Education are required to graduate?	4	3	2	1
	On average, how many minutes per week do students receive physical education class (not substitution of participation in a sports team)?	200 or more	135-200 minutes	45-135 minutes	0-45 minutes
3.3	Do physical education classes contain the same amount of students as academic classes?	Yes	They are somewhat larger	They are much larger but currently reducing the size	They are much larger and no plans to reduce
			Students earn grades that count less than grades for other major subjects	Students earn grades that are not used in calculating any academic recognition	
3.4	Does your school give grades for physical education courses? Do these grades carry the same weight as those from major academic courses?	Yes			No

3.5	Does your school prohibit the substitution of other courses or activities, such as interscholastic sports or band, for physical education?	Yes	Yes, but occasional exceptions are made	No, but there are plans to start prohibiting substitution	No They were not active at all OR most students do not take P.E.
3.6	In the past month, the majority of students felt as if they were how active during their physical education class?	Most or all of the time	About half of the time	Some of the time	No students enjoy P.E. OR most students do not take P.E.
3.7	Do the students at your school enjoy physical education class?	Most or all students enjoy P.E. class	About half enjoy P.E. class	Only some enjoy P.E.	No students enjoy P.E. OR most students do not take P.E.
3.8	Do the physical education teachers at your school modify and adapt the Physical Education Class for those students with special needs such as a mental, physical, or behavioral disability or an illness?	Yes, all of the P.E. teachers adapt to fit the needs of all students	Teachers use some modified practices sometimes but not all teachers and not in all classes	They do not use these practices currently but are in the process of beginning to use them.	No, not at all No enrichment opportunities are offered OR are unaware of opportunities
3.9	How do most students rate the variety of school sponsored physical activity programs (e.g. intramurals, dance clubs, or interscholastic sports)? A According to the majority of students in your school, are the enrichment experiences mentioned above easily accessible (i.e. no overcrowding in programs, low or no cost involved, etc.)? B	Extensive variety All enrichment experiences are easily accessible	Moderate Variety Most enrichment experiences are easily accessible	Limited Variety Some enrichment experiences are easily accessible	No enrichment opportunities are offered OR are unaware of opportunities No enrichment experiences are accessible

