

Please Note: Some of the questions on the Student Survey have numbers in parentheses after the question. These numbers correspond to highlighted questions in the Module Section, which will become useful when you complete the Module Section.

Student Survey

Please read the following questions and circle the best answer. Remember, answering these questions honestly is in your best interest.

I am: Female Male

My grade is: 7 8 9 10 11 12

1) Do you feel that teachers and staff care about your physical health and emotional well-being?

(1.4)

- a) Yes
- b) Mostly
- c) Somewhat
- d) Not at all

2) How satisfied are you with the health education you are receiving (i.e. the extent of topics covered, the quality of the class, etc.) ?

(2.5)

- a) Very satisfied
- b) Somewhat satisfied
- c) Somewhat dissatisfied
- d) Extremely dissatisfied
- e) My School does not offer health education

3) In the past month during your physical education class, you were active or moving around: (3.6)

- a) Most or all of class time
- b) About half of class time
- c) Some of class time
- d) None of class time
- e) I do not take physical education

4) Do you enjoy physical education class? (3.7)

- a) Yes
- b) No
- c) I don't take Physical Education

Why or why not? Suggestions for change:

5) How would you rate the variety of school sponsored physical activity programs (e.g. intramurals, dance clubs, or interscholastic sports)? (3.9A)

- a) Extensive Variety
 - b) Moderate Variety
 - c) Very Limited Variety
 - d) No school sponsored physical activity programs are offered
 - e) I am not aware of these programs
- Suggestions for other programs:

6) Do you feel these enrichment opportunities mentioned above are easily accessible to you (i.e. no overcrowding in programs, low or no cost involved, etc.)? (3.9B)

- a) Most or all are easily accessible
- b) About half are easily accessible
- c) Some are easily accessible
- d) None are accessible

Suggestions for change:

7) In the past twelve months, have you participated in one or more school-sponsored physical activity programs (e.g., intramurals, dance clubs, or interscholastic sports)? (3.10)

- a) Yes
- b) No

8) Which of the following did you buy in your school's vending machines in the past week?

Check all that apply:

- Fruits
- Vegetables
- Low-fat dairy products (2%, 1%, or non-fat)
- Nuts
- Water
- 100% fruit juice
- There are no vending machines at my school
- Other _____

9) Which of the following did you buy in your school's a la carte selection (that is, foods that are sold individually in the lunch line) in the past week?

Check all that apply:

- Fruits
- Vegetables
- Low-fat dairy products (2%, 1%, or non-fat)
- Nuts
- Water
- 100% fruit juice
- Whole-grain products (i.e. whole wheat bread, whole wheat crackers)
- Other _____

10) Do you feel that the healthy products (fruits, vegetables, and low-fat dairy products) in school meals and a la carte offerings (foods that are sold individually in the lunch line) are appealing?

(4.5)

- a) Most or all offerings are appealing
- b) About half are appealing
- c) Some are appealing
- d) None are appealing OR no a la carte selections are offered.

Suggestions for other healthy foods:

11) At your school, how often do prices keep you from buying healthier foods rather than unhealthy ones? (4.17)

- a) Most or all of the time
- b) About half the time
- c) Some of the time
- d) Never

12) In the past two weeks, you found that you had enough time to eat school breakfast: (4.9)

- a) Most or all days
 - b) About half of the days
 - c) Some of the days
 - d) None of the days
 - e) I don't eat breakfast at school
 - f) My school does not offer a breakfast program
- Why?

13) In the past two weeks, you found that you had enough time to eat school lunch: (4.10)

- a) Most or all days
 - b) About half of the days
 - c) Some of the days
 - d) None of the days
 - e) I don't eat lunch at school
 - f) My school does not offer a lunch program
- Please explain why:

14) How often do you feel that your school's cafeteria is clean and pleasant? (4.11)

- a) Most or all of the time
- b) About half of the time
- c) Some of the time
- d) Never

15) Are you satisfied with the variety and quality of foods that your school offers? (4.16)

- a) Extremely satisfied
 - b) Somewhat satisfied
 - c) Somewhat dissatisfied
 - d) Extremely dissatisfied
- Please explain why:
